

Red Light, Green Light

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A classic outdoor game where players move towards a goal when the signal is 'green' and must freeze on 'red.'

Step By Step Instructions

Step 1- Choose the 'Traffic Light'
Select one player to be the 'Traffic Light.'

Step 2- Set Up the Playing Area
Designate a starting line for all players and a goal line where the 'Traffic Light' will stand.

Step 3- Green Light
The 'Traffic Light' shouts 'Green light!' allowing players to move towards the goal.

Step 4- Red Light
Suddenly, the 'Traffic Light' shouts 'Red light!' and turns to face the players. Everyone must freeze.

Step 5- Caught Moving
If players are caught moving after 'Red light,' they return to the starting line.

Step 6- Reaching the Goal
The first player to touch the 'Traffic Light' or reach the goal wins and becomes the new 'Traffic Light.'

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The Rules

Rule 1- Players must stop immediately on 'Red light.'

Rule 2- 'Traffic Light' must turn away from players on 'Green light' and face them on 'Red light.'

Rule 3- No pushing or running into other players.

