

The Floor is Lava

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A lively and imaginative game where players must avoid touching the floor, pretending it is hot lava. Great for indoor or outdoor play, it encourages physical agility and quick thinking.

Equipment Needed

- Objects or furniture to stand on (cushions, mats, chairs, etc.)

Step By Step Instructions

Step 1- Announce the Lava

At any random moment during play, one player shouts, "The floor is lava!"

Step 2- Avoid the Floor

Upon hearing this, all players must immediately find a place off the floor to stand or sit on, like furniture, cushions, or any safe item.

Step 3- Countdown

Typically, players have a countdown of five seconds to avoid the lava.

Step 4- Stay Off the Lava

Players must remain off the floor and can move between safe spots without touching the ground.

Step 5- End of the Round

After a set time, or when all players are safely on objects, the floor returns to normal, and the game can restart later.

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The Rules

Rule 1- Players must avoid touching the floor during the game.

Rule 2- Only designated objects are safe from the lava.

Rule 3- Players should move carefully and avoid risky jumps or moves.

